



# SMOKEFREE City&Hackney

*provided by*

Whittington Health **NHS**

Do **you** smoke cigarettes, cigars,  
tobacco or shisha?

## Want to quit smoking? We can help

Get **FREE** one-to-one support and medication\* You're up to three times more likely to quit with us!

For details of all our services across City & Hackney, contact us on:

Freephone: **0800 046 9946** Email: **smokefree.cityandhackney@nhs.net**

Website: **www.smokefreecityandhackney.org**

\*Prescription charge may apply